

Emily Wu Truong

Outreach Coordinator

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Emily Wu Truong joined Harbage Consulting as an Outreach Coordinator in February 2017 to provide outreach and education to providers, beneficiaries and other stakeholders for the Coordinated Care Initiative in Southern California.

Prior to joining Harbage, Emily built a reputation as the “Lady in Green” for bringing attention to the lime green ribbon representing California’s mental health movement, “Each Mind Matters.” In her work as a mental health advocate, Emily has partnered with numerous campaigns, mental health organizations, and committees for suicide prevention and early intervention. On a local level, Emily serves on the board of the National Alliance on Mental Illness (NAMI) San Gabriel Valley. At the state level, she serves on Disability Rights California’s Protection & Advocacy for Individuals with Mental Illness (PAIMI) Advisory Council and has been a member of the Client & Family Leadership Committee for the Mental Health Services Oversight & Accountability Commission (MHSOAC) in Sacramento.

As a motivational speaker, Emily speaks to numerous audiences including high school and college students, school administrators, teachers, family members, law enforcement, faith-based communities, health care and mental health professionals. Emily has transformed her experience growing up with depression and anxiety to a story of self-acceptance to inspire others to recognize the infinite value of their own lives, find meaning in life struggles, and become their own best advocate. In recognition of her efforts, Senator Ed Hernandez honored Emily with the 2015 Woman of Achievement Award, and she was invited by Congresswoman Grace Napolitano, Co-Chair of the Congressional Mental Health Caucus, to be a guest speaker before her Mental Health Consortium of community leaders in education and mental health care.